

## Metro Relief Volunteer Activity

August 12, 2022

### Summary

Join the Realm Community and Engagement (C&E) team in volunteering with Metro Relief, a local organization that works to help unhoused individuals in the Dallas/Fort Worth area start anew.

### When

Friday, August 12 from 8:30 a.m. – 2/2:30 p.m.

### Where

Metro Relief Office  
5201 S Colony Blvd #545  
The Colony, TX 75056

### Volunteer Activity

Volunteers will meet at Metro Relief's Office at 8:30 in the morning for a brief orientation. Some participants will then be asked to sort hygiene kits that will be passed out to people, while others will help make lunch, such as soup or sandwiches, that will also be distributed. All volunteers will then ride with Metro Relief Program Representatives on the charity's bus to a site in downtown Dallas, where interaction with the unhoused will take place, such as handing out food from the bus or passing out hygiene kits. Other details include:

- **Breakfast/Food:** You're encouraged to eat prior to participating in this activity. The charity does not provide food for volunteers with the exception of possible donuts at the main office when we meet in the morning. You can always carry snacks with you in case you get hungry, but know you will be passing out hygiene kits and food to people during the 11:30 -1 p.m. timeframe.
- **Mask:** You can wear a mask if you'd like.
- **Attire:** Please wear comfortable clothes, like jeans, comfortable shoes. It will likely be hot, so dress appropriately.
- **Metro Relief Program Representatives:** These individuals will work with the unhoused, trying to help them find jobs and shelter. If you talk to someone who says they are trying to get a job, get back to a family member or just trying to get their life back together, find a Program Representative to talk to them. The Program Representatives could have a table set outside the bus, where they start engaging people in an effort to help rebuild their lives.
- **Distribution of Hygiene Kits:** If you're passing out hygiene kits, you can stay in the bus as people enter it one by one to get a kit. You can also go outside and talk to people. It's up to your comfort level.
- **Distribution of Food:** Two volunteers will likely manage the distribution of food from a "food-truck" window.
- **Faith-based:** Metro Relief is faith-based. So it's not uncommon if you see Program Representatives praying with people they interact with.
- **Bathrooms:** You're encouraged to use the facilities at Metro Relief before leaving for the activity. Once at the site, there could be bathrooms in nearby buildings that you can use because of agreements between Metro Relief and the buildings, but it's not always guaranteed.

- **Requirements:** If you are considering to participate in this activity, you will need permission from your supervisor in the form of an email. You also need to sign and date a waiver from Metro Relief, which will be emailed to you after confirmation of your participation.
- **Paid Volunteer Day:** Because everyone has a different employment status, please work with your individual supervisor to determine that status and how it relates to this volunteer activity.
- **Return to Metro Relief:** After returning to Metro Relief's Office in The Colony, volunteers can stay to help clean used food bins and other equipment. If you have to leave, you can go. The entire volunteer event is scheduled to be finished between 2 -2:30 p.m. at the latest.
- **Return to GMR:** Please work with your individual supervisor on work expectations and your schedule for the remainder of the day.