



Playing outside is a fun way for children to get exercise and fresh air, especially when the weather is nice. However, it is important that families practice street safety to avoid preventable accidents. Every year, emergency rooms treat more than 9,000 children for injuries that occurred when they were alone in or near motor vehicles.

Remember to adhere to the following street safety guidelines:

- **Supervise children's outdoor play.** Accompany children when they are playing outside and walking across or near roads, especially if they are younger than 10. Most children cannot tell the speed and distance of oncoming cars until this age.
- **Look both ways.** Teach children to look left and right before stepping into the street and remind them to continue looking until they have safely crossed.
- **Check the driveway.** Before pulling out of a driveway, walk all the way around your car to ensure that no children are nearby. If they are, accompany them to a safe space to play.
- **Set a good example.** Put down phones or any other distracting devices when walking around cars and remind children to do the same.

Source: [safekids.org](https://www.safekids.org)

GMR SOLUTIONS

