



Please click the links below to watch an instructional video.

How to log into Okta and complete registration

- Video Link: [How to log into Okta as new employee](#)

How to reset your password

- Video Link: [GMR Password Reset](#)

How to unlock your account

- Video Link: [GMR Account Unlock Video](#)

What are my Multifactor Authentication Options in Okta?

- Video Link: [Multifactor Authentication Options in OKTA](#)

What is my GMR Username and Temporary Password?

- Video Link: [What is my GMR Username and Temporary Password](#)